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*Ottawa Outlook, nee North Hero News and World Review …. ……. Mostly stuff no one else would print.* Outlk15wc7 (2015 Letter #8)

RETIREMENT DINING.

The most important sentence regarding the above subject , … the food at our Retirement Home has been a most delightful surprise, tastes great, varied, very healthy and well served.

There are two sittings for each of the 3 meals served, early and late. There is open seating for B’fast and Lunch, ie: “Ist come first seated.”At Supper time the seating is assigned. The most popular popular meal is the late supper.and it was about 5 months before we were allotted a seat at this session. There are 18 tables for 4 and 4 tables for two. We are at Table #10 with the Walshes. and could not ask for more companionable dinner companions.

Initial introductions were a bit on the weird side.. Going in we knew their last name was Walsh. Lucille’s best friends growing up in Ste Agathe, Que, were the Walshes, Rusty and Peter. (Peter is still going strong and a recipient of these letters.) Sitting down first names were exchanged. Ken was sort of taken aback. Mrs. Walsh was a “Beth” and Mr. Walsh was a “David”. In case you didn’t know, Ken had one Sister and One Brother, their names, …Beth and David. Then lo and behold the waiter appeared and announced, “ Hi, … My name is Jason and I’ll be your server tonight.” “Jason”, … just like a wonderful dog we had for years in North Hero, VT. Unbeleivable!.

Well, … Dinners and dinner conversation have worked out just fine.

The Walshes and Jeffersons, all ‘Depression’ babies seem to have had the same meal indoctrination. Right down to the inculcated “Motherisms,” How about you? Any of these sound familiar?

“Eat it, … you’ll like it!”

“Get your elbows off the table1”

“Don’t talk with your mouth full!”:

``` “Don’t play with your food!”

“Eat everything on your plate before leaving the table!”

And so go our meals. Midst a cacophony of background chattering, table 10 silently goes about the rapid consumption of another delicious supper. And Hey!!! Fold up that napkin!

Tll next month, Lucille & Ken.

Carlingwood Retirement Community

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